Project Green Challenge Day 15 **GREENER**

#Economy Youxuan Wei @ChrisCat

More often than not, when I think in terms of economy, I think of money -money, demand, and the essentially infinite number and amounts of supplies that I can have as long as I have enough money to buy it.

everyone



Never once, though, Did I think that the SUPPLY that we get comes from the earth, the nature -and there is FINITE amount of what we can produce, and discard so carelessly of.

our economy on is called Natural capital -and yes, it runs out!

The resources that we base

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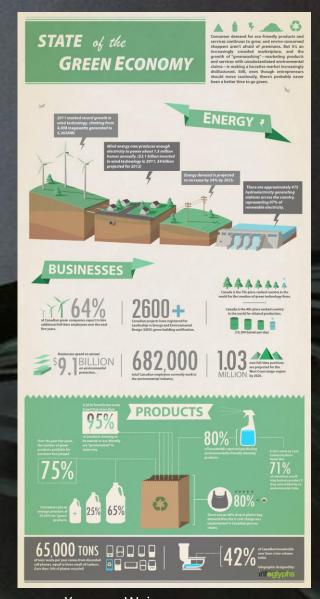
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And these are the things that don't occur to many big companies -they extract and manufacture in destructive and non-sustainable matters.

That's why I think that I need to support more companies like EVERYONE, which considers people, and planet aside from just profits.

Like "Green America" said, our investment is more than money -they have the potential to change our way of thinking, and our future.



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HOW CAN I HELP??

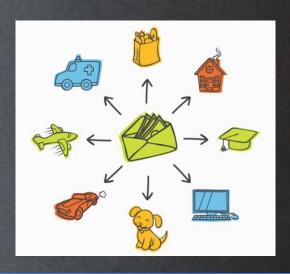
ACTUALLY, It's not hard!

The first thing that "how to live on a greener budget" taught me was that you didn't need to buy MORE eco friendly products, instead, you need to just simply buy LESS. -Which lighted a light bulb for me! -Even a reusable water bottle takes lots of resources to make, and now that I think of it, it simply doesn't make sense for me to have six in the name of "being greener"!



I also Learned that DIY at home and buying thrift saves lots of money, too! Check it out (5)

http://www.puregreenmag.co
m/pure-green-blog/budgetfriendly-green-living



Also, I need to plan more. Spending money on a whim (especially with clothes) is my biggest problem. From now on, I need to ask myself "Do I REALLY need it?" "Is it good for the environment?

Now I understand that **as a consumer, I don't just spend** -I

have the **responsibility** to make my
dollars contribute to better treated
employees, or better environment.

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MY BUDGET RIGHT NOW

I don't ever track my money on a budget-that's what I need to work on!

	Things that I spend	How I spend my money	Estimated cost per
	on	now i spend my money	week
1	Lunch	I buy at school	\$3.00/day \$15.00/week
2	Going to School	My dad drives me(gas)	\$15.00
3	Printing papers(I debate so I print lots)	Single sided	\$3.00
4	Clothes/shoes shopping	No plans at all, would spend a lot If feel like it	\$15
5	Watching movies	No plans, usually 2times/month	\$6
6	Eating out	No plans for the place, or the prices of the meal	\$30
7	Buying books	I buy paperbacks	\$5
8	Buying creams & Cosmetics	At non-organic/ecofriendly companies	\$10/week
9	Paint, canvas, decorations	Get them whenever I run out	\$15/weel
10	Food shopping w. mom	Use a lot of plastic bags, no bulk store, lots of packaging	\$30-40/week
11	Lundreys (water, electricity)	I wear things once and wash them, and always dry my clothes for extra time just so I can wear them warm (3)	~\$4-6
12	Air conditioning at home	Always on	Electricity/gas \$70-90

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DISCRETIONARY DOLLARS:

Eating out, air conditioning, gas (for driving to school)

-When my dad told me our heating/cooling bills goes to almost \$300 a month, I was really shocked! A lot of spending also shows a lot of resources used by us- I think that it's a waste, just the three of us to use so much energy.

-Same thing with driving to school. We drive a 7 seater with just me and my dad, with him driving back home by himself the 10 miles. (whoa I feel so wasteful now that I'm thinking about this)

MONEY NOT SO WELL SPENT:

I vote with my dollars, and now I think that maybe not all of them went to good use.

TAKE GROCERY SHOPPING for example: We get 10-20 plastic bags every week that we shop, with meat double-bagged unnecessarily. When we lived in Beijing, these bags were charged so that everyone was forced to bring durable, reusable ones. I think that even if something's FREE, doesn't mean that I can take advantage at the vast amount of things that I'm granted with at the expense of others (polluted earth, communities, cheap labor...)

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LIFESTYLE CHANGED:
I SAVED \$6552 &
ENVIRONMENT!

	Things that I spend	How I WILL CHANGE	\$\$\$ SAVED (per week)
	on		
1	Lunch	Bring my own -no more	Enrivronment!
		plastic plates/forks	
2	Going to School	Take the free school	\$15.00
		bus	
3	Printing papers(I	Double sided	\$3.00
	debate so I print		
	lots)		
4	Clothes/shoes	Share with mom!	\$15
	shopping		
5	Movies	Borrow from the	\$6
		library	
6	Eating out	DIY, try cool recipes at	\$30
		home	
7	Buying books	Ebook, rent from lib	\$5
8	Buying creams &	Less is more -I'll stick	\$15/week
	Cosmetics	with simple soap, or	
		acure.	
9	Paint, canvas,	Buy bulk, by it on sale	\$5
	decorations	(keep track for when	
		I'm almost out of	
		paint)	
10	Food shopping w.	Bring my own bag	Said no to plastic
	mom		bags®
11	Lundreys (water,	Hang my clothes to dry,	~\$2
	electricity)	washer with water	
		conserves.	
12	Air conditioning at	Open the windows, or	Electricity/gas \$30
	home	just add more clothes	
		in the winter®	
		TOTAL SAVINGS/YEAR:	\$6552!!
			'

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CONCLUSIONS:

By being a more conscious consumer and really thinking about conserving money and resources, I was able to cut back on a majority of my costs.

But more importantly, I was able to make my money into good use -Bringing my lunch with reusable containers, taking the bus, turning off the air conditioner, buying less and more organic, and shopping greener to support more eco friendly companies & use less plastic bags...

I really think that changing my thinking process is going to change my impact on those around me -I will learn how be greener in a smarter way 😂

