



Green Budget

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Expenses in a Week

Gas (total for two cars) - \$60.00

Buying food or drink (restaurants) - \$140.00

Buying lunch in school(3 people) - $\$9.00 \times 5 = \45.00

Groceries (including snacks) - \$150.00

Father's lunch - \$40.00

Dog supplies - \$10.00

Total in a week - \$445.00

Total in a year - \$23,140.00



How to Save Money and the Environment

Gas: My father is looking to buy a new car and I could convince him to buy one that will save us money on gas and be more green. We could buy an electric car and completely eliminate the greenhouse gas emissions that come directly from our transportation and remove gasoline expenses for much cheaper electricity. Another option is that, we could buy a hybrid, which would require us to buy gas less often.



Buying food or drink (restaurants), buying lunch from school, and father's lunch: We could make more of our own food. Although, it will cause the amount we spend on groceries to increase, it will allow us to save \$185.00 per week.

How to Save Money and the Environment

Groceries: We could buy less packaged snacks and packaged food in general. According to Pure Green Magazine, those types of food make up the majority of the cost. Instead of spending that sum of money on packaged goods, we could, instead, spend it on organic products, which are better for the environment and us.

Dog Supplies*: One way we could save money on dog food is to make it ourselves. We could use organic ingredients which will be better for our dog and the environment.



Estimated Savings

Gas (total for two cars) - \$60.00

Buying food or drink (restaurants) -
\$140.00

Buying lunch in school(3 people) -
 $\$9.00 \times 5 = \45.00

Groceries (including snacks) - \$150.00

Father's lunch - \$40.00

Dog supplies - \$10.00

Total in a week - \$445.00

Total in a year - \$23,140.00



Gas and electric car - \$35.00

Buying food or drink (restaurants) - \$0.00

Buying lunch in school(3 people) - \$0.00

Groceries(including ingredients for dog
food) - \$275.00

Father's lunch - \$0.00

Dog supplies - \$0.00

Total in a week - \$310.00

Total in a year - \$16,120.00

CHA-CHING

\$135

We could save \$135 per week.





\$7,020



We could save \$7,020 per year.



Benefits

I did not expect that \$7,020 will be saved! Obviously saving money is one major benefit, but you will also be helping the planet by finding more green ways to live. For example, you could start to buy organic foods because they don't have any toxins or pesticides in them. You could also phase out packaged foods, since they are unhealthier. In the end, carefully thinking what to buy will not only help you out financially, but will help the world out.