PROJECT GREEN CHALLENGE

FCONOMICS GREENER

THE GREEN QUEENS JERICHO.S_H rachelle.lee@jerichoapps.org Jericho High School

OUR CONVENTIONAL MONTHLY BUDGET

Food

\$300 for school lunches, breakfast, take out, snacks, coffee

for shampoo, cream, soaps

Water

Body Products

Utility

Clothes

for buying single use plastic water bottles and taking long showers.

- After consulting with our parents, we found
- out that we pay **\$550** every month for utility! As it is starting to get cold and darker outside,
 - we are using our heaters and turning our
- lights on longer, which costs a lot of money.
 - S150

Monthly Total: \$1,080 **Yearly Total: \$12,960**

ALTERNATIVE CONSCIOUS MONTHLY BUDGET

\$15

\$200

\$20

Food

We can start packing our own lunches instead of buying at school. This also insures that the food we eat is healthy, organic, and fresh, since we made it ourselves! Shop only FLOSN! We can also make larger meals to last us several days to help limit food waste. We only cook again when everything is finished

Instead of relying on expensive store bought creams and shampoos, we can make it ourselves! This is beneficial to us because not only do we not have to suspicious of what's in our products, but we can also have fun making

Water

Body Products

Utility

We can start using reusable bottles and refill it using water fountains to lessen a number of plastic bottles we are using and at the same time, not pollute the earth. We can also start taking shorter showers to eliminate using too much water.

We can install better insulators to keep in the heat and use solar powered lights to lower our utility cost. We would also be using alternative energy instead of harmful fossil fuels.

Clothes

Monthly Total: \$515 Yearly Total: \$6,180

We can wear old clothes that can still be used instead of buying new clothes every time. Another great way to save money is by buying second hand clothes at thrift shops!

BENEFITS

By consuming less stuff and thinking with this mindset, we gain so many benefits!

- We can save money and have more control over what we spend on!
- Reflect on the conventional products we use everyday and how to make important changes in our lives
- Feel organized and good about yourself for saving money!
- Investing in high-quality products that can last a lifetime and that are good for the environment and the consumer This can limit waste, which is so important.
- Stops you from making rash decisions and leads to a more careful analysis of what it is that you really need.
- We can transform our economy by simply be making smart, informed decisions when purchasing products.