

Project Green Challenge 2017
Day 14: Adventure~

greener

and
so the
adventure
begins

ecological earthings

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our adventure: camping trip!

A SUSTAINABLE ADVENTURE

Today we will be embarking on a camping trip at our local park. Camping is great way to get outdoors, explore, and gives you a chance to disconnect with your phone and technological appliances. Not only is it great for your body, it's also much more affordable and eco-friendly compared to other methods of vacation. On top of this, camping is a great way to spend some quality time with friends and family, appreciate nature and respect the world around us.

transportation

A tropical beach scene with a red and black twin-engine propeller plane on the water, palm trees, and a wooden pier.

Having an adventure at an exotic destination can be costly for us and the environment. A study from the Journal of Transport Geography shows that 72% of tourism's CO₂ emissions come from transportation. That's a lot considering how many people travel around the world. One way to sustain mobility and reduce these emission is by choosing sustainable options of transportation. For our adventure, we will be biking to a state park with backpacks of our items for camping!

packing list

CAMPING GEAR

- **Tent + stakes**
- **Sleeping bag**
- **Pillow**
- **Flashlight**



CLOTHES and ITEMS

- **Hats (block out sun)**
- **Personal items**
 - **Sunscreen**
 - **Bug spray**
 - **Emergency kit**
 - **Toothbrush/toothpaste**
- **Other**
 - **Camera (not bringing phones)**
 - **Lifestraw (purify water)**

VEGAN SMORES



- **Vegan Marshmallows**
- **Graham Crackers**
- **Vegan Chocolate**

FOOD

FRUIT + NUT TRAIL MIX



DIY vegan mix:



- **Dried oranges**
- **Raisins**
- **Cashews**
- **Almonds**
- **Chocolate chips**

DIY FRUIT SALAD



- **Premade at home**
- **Reusable container**
- **Organic strawberries, blueberries, pineapples, and raspberries**

Klean Kanteen
Stainless steel reusable water bottle is a better alternative than plastic bottles since they don't produce as much waste.



Organic Vegan chocolate



Clif Bars re-energize our bodies, especially since they are made with all vegan ingredients,

- **Certified organic and fair trade that boosts energy.**



Many people want to experience nature and the world, but we need to try to do so in a way that doesn't impact the natural environment. We need to promote conservation and be mindful of how we travel. We need to be responsible travellers and realize each and everyone one of us has a duty to save our planet- because we only have one.

**THERE IS NO
PLANET B.**

