

# THE FAYETTEVILLE, AR FOODSHED



Team: The Greatful Deadheaders  
GDH  
Matt Gal & Summer Sherrod  
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### **Fayetteville, AR Foodshed Highlight Spots:**

Campus Community Garden (run by the University of Arkansas Horticulture Club, no website, Matt is the garden manager)  
Crossroads Farmer's Market <http://www.tricyclefarms.org/crossroads-farmers-market/>  
Farmer's Table Cafe <http://www.thefarmerstablecafe.com/>  
Fayetteville Farmer's Market <http://www.fayettevillefarmersmarket.org/>  
Feed Fayetteville <http://www.feedfayetteville.org/>  
Four Corners Kitchen <https://www.facebook.com/fourcornerskitchen>  
Greenhouse Grille <http://www.greenhousegrille.com/>  
Tri Cycle Farms <http://www.tricyclefarms.org/>

### **Callie Sherrod**

*Nutrition Educator and Cold-prep Chef for Feed Fayetteville and Tacos 4 Life*

Favorite Recipe: Easy Baked Cinnamon Apple

- 1 local organic Arkansas Black Apple
  - ½ tsp of freshly ground organic cinnamon (from the local co-op)
1. Cut the apple into bite-sized chunks
  2. Sprinkle the apple chunks with enough cinnamon to satisfy your sweetest desires
  3. Microwave the apple chunks for 1.5 minutes
  4. Stir and allow to cool.
  5. Enjoy!