A.W. Dreyfoos School of the Arts

ECO PALM BEACH

farm to table food

MIAMI, FLORIDA

IOKAL Beer

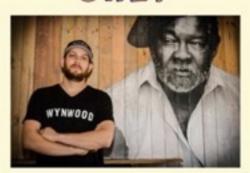
LOKALMIAMI.COM



SOURCE FARMS

FLORIDA FRESH MEAT COMPANY OCALA, FL
COWART RANCH SUMTERVILLE, FL
GYPRESS CREEK FARMS STARKE, FL
SEASONS FARM FRESH MIAMI, FL
SIGGY'S ORGANIC FARM & APIARY MIAMI, FL
MIAMI SMOKERS LITTLE HAVANA, FL
BEE MY HONEY APIARY MIAMI, FL
CUSANO'S BAKEY HALLANDALE BEACH, FL
LAURIE'S PANTRY MIAMI BEACH, FL
TRINI MIKES MIAMI BEACH, FL
TRINI MIKES MIAMI BEACH, FL
D. WAKEFIELD BREWING L WYNWOOD, FL
BISCAYNE BREWING CO. L DORAL, FL
SPACER

CHEF



ECO PALM BEACH

farm to table food

BOCA RATON.FLORIDA





sides

kids

flatbreads -

farmer's table favorites

vegelarian

farmers wiable.

dinner

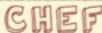
slarlers

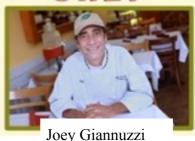
flatbreads =

farmer's table favorites

SOURCE FARMS

NOT SPECIFIED





ECO PALM BEACH

FARM TO TABLE FOOD DELRAY BEACH, FLORIDA

Max's Harvest



SOURCE FARMS

FLORIDA FRESH MEAT COMPANY. OCALA. FL
FARMER JAY ORGANICS. BOYMTOM BEACH. FL
FARMHOUSE TOMATOES. BOYMTOM BEACH. FL
JACKMAN RANCH. CLEWISTOM. FL
GROWING SYNERGY. ORLANDO. FL
GREEN CAY FARMS. DELRAY BEACH. FL
MOZZARITA CHEESE CO., POMPANO BEACH. FL
BOUTIQUE FARMS INC. DEERFIELD BEACH. FL
WE FORAGE. BOGA RATOM. FL
LOIC AUTRET BAKERY. DELRAY BEACH. FL

ERIC BAKER



- 1. The farm to table movement is more widespread than we believed. Before this challenge, we struggled to find local and sustainable stores that offered quality foods for ordinary prices, but with this challenge we found that there are plenty of stores in our area.
- 2. Local and sustainable farms do exist in Florida, and if these stores can buy from them so can we. One of the farms on the list is near Isaac's house so his mother decided to contact them about their products. Seeing this information has already created major changes in our lives as we notice the flaws in our past habits. Sustainable and local farms not only help our local economy, but also prevent the need for overseas transportation and the use of chemicals to

- keep foods fresh whereas products shipped from South America must maintain freshness during their travels.
- 3. FLOSN restaurants are so healthy. We checked out some of the reviews while researching the restaurants, and according to yelp, these places are amazing. If restaurants with FLOSN products keep costumers happy then the effects of the food must be felt. FLOSN food keeps us healthy and chemical free, and our environments thriving without the runoff from pesticides and fertilizers. It is a win-win situation.